

## PSHCE & Wellbeing - Curriculum Overview

Term		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Class 1	Cycle2 (16/17)	<ul style="list-style-type: none"> <li>Awareness of feelings</li> <li>Keeping well and clean</li> </ul>	<ul style="list-style-type: none"> <li>Who are our friends?</li> <li>Persuasion and reality</li> </ul>	<ul style="list-style-type: none"> <li>Parts of the body</li> <li>Growing and changing</li> </ul>	<ul style="list-style-type: none"> <li>Losing and finding</li> <li>Being different</li> </ul>	<ul style="list-style-type: none"> <li>Drugs education</li> <li>Memories and growing up</li> </ul>	<ul style="list-style-type: none"> <li>Looking after myself</li> <li>Sustainable development</li> </ul>
Class 1	Cycle 1 (17/18)	<ul style="list-style-type: none"> <li>My identity and skills</li> <li>Safe and unsafe</li> </ul>	<ul style="list-style-type: none"> <li>Keeping safe</li> <li>Money</li> </ul>	<ul style="list-style-type: none"> <li>Self awareness</li> <li>Friendship</li> </ul>	<ul style="list-style-type: none"> <li>Accidents and prevention</li> <li>Co-operative skills</li> </ul>	<ul style="list-style-type: none"> <li>Developing skills</li> <li>Keeping well and clean</li> </ul>	<ul style="list-style-type: none"> <li>Special people</li> <li>More co-operative learning</li> </ul>
Class 2	Cycle2 (16/17)	<ul style="list-style-type: none"> <li>Emotions and feelings (pressure)</li> <li>Keeping Safe</li> </ul>	<ul style="list-style-type: none"> <li>Looking after others</li> <li>Councillors-what do they do?</li> </ul>	<ul style="list-style-type: none"> <li>Feeling sad and making choices</li> <li>SRE</li> <li>Families who live far away</li> </ul>	<ul style="list-style-type: none"> <li>Healthy relationships</li> <li>Where do things come from?</li> <li>Me and my community</li> </ul>	<ul style="list-style-type: none"> <li>Accidents and prevention</li> <li>Drugs Education</li> <li>Special people in school</li> </ul>	<ul style="list-style-type: none"> <li>Peer influence and pressure</li> <li>Our ideal community</li> </ul>
Class 2	Cycle 1 (17/18)	<ul style="list-style-type: none"> <li>Healthy people</li> <li>Healthy eating</li> <li>Money and shopping</li> </ul>	<ul style="list-style-type: none"> <li>Same and different – being truthful</li> <li>Coping with conflict</li> </ul>	<ul style="list-style-type: none"> <li>About my body</li> <li>Keeping fit</li> <li>Our school community</li> </ul>	<ul style="list-style-type: none"> <li>Making and breaking friendships</li> <li>Variety of relationships</li> </ul>	<ul style="list-style-type: none"> <li>Mums, Dads and babies 1</li> <li>Drugs Education</li> <li>Special Days</li> <li>Global Food</li> </ul>	<ul style="list-style-type: none"> <li>Mums, Dads and babies 2</li> <li>Personal Identity</li> <li>Personal Safety</li> </ul>
Class 3/4/5	Cycle2 (16/17)	<ul style="list-style-type: none"> <li>Healthy Lifestyles</li> <li>Setting personal goals</li> <li>Relationships</li> </ul>	<ul style="list-style-type: none"> <li>Stereotypes and changing</li> <li>Money and saving</li> </ul>	<ul style="list-style-type: none"> <li>Gender differences and puberty</li> <li>Drugs Education</li> </ul>	<ul style="list-style-type: none"> <li>Coping with bullying</li> <li>Democracy simulation</li> <li>Diversity</li> </ul>	<ul style="list-style-type: none"> <li>SRE</li> <li>Personal Safety</li> <li>Being left out</li> </ul>	<ul style="list-style-type: none"> <li>Global Community Project – Refugee Week</li> <li>Working Together</li> </ul>
	Cycle 1 (17/18)	<ul style="list-style-type: none"> <li>Healthy Eating</li> <li>Sex</li> </ul>	<ul style="list-style-type: none"> <li>Loss and separation</li> <li>Media and</li> </ul>	<ul style="list-style-type: none"> <li>Drugs Education</li> <li>Decision</li> </ul>	<ul style="list-style-type: none"> <li>Persuasion and pressure 1</li> </ul>	<ul style="list-style-type: none"> <li>SRE</li> <li>Rights and responsibilities</li> </ul>	<ul style="list-style-type: none"> <li>Exclusion and inclusion</li> <li>Fundraising</li> </ul>

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		<ul style="list-style-type: none"> <li>Education</li> <li>Types of relationship</li> </ul>	<ul style="list-style-type: none"> <li>the community</li> <li>Recycling Project</li> </ul>	<ul style="list-style-type: none"> <li>making</li> <li>Strong feelings</li> </ul>	<ul style="list-style-type: none"> <li>Persuasion and pressure 2</li> <li>Me in the wider world</li> </ul>		<ul style="list-style-type: none"> <li>Activities</li> </ul>
<b>Class 6/7/8</b>	<b>Cycle 2 (16/17)</b>	<ul style="list-style-type: none"> <li>My identity and skills</li> <li>Changing relationships</li> </ul>	<ul style="list-style-type: none"> <li>ICT Safety</li> <li>Being the best I can be</li> </ul>	<ul style="list-style-type: none"> <li>Healthy eating</li> </ul>	<ul style="list-style-type: none"> <li>Working with others</li> <li>Enterprise and me</li> </ul>	<ul style="list-style-type: none"> <li>Risk taking and drugs education</li> <li>Healthy Lifestyles</li> </ul>	<ul style="list-style-type: none"> <li>Different types of relationships</li> <li>Fact or fantasy?</li> <li>Me and my aspirations</li> </ul>
<b>Class 6/7/8</b>	<b>Cycle 1 (17/18)</b>	<ul style="list-style-type: none"> <li>SRE – what do we mean by love?</li> <li>Conflict resolution</li> </ul>	<ul style="list-style-type: none"> <li>Secrets and dilemmas</li> <li>Money and me</li> </ul>	<ul style="list-style-type: none"> <li>Drugs Education</li> <li>Arguments and families</li> </ul>	<ul style="list-style-type: none"> <li>Strong emotions</li> <li>Democracy and decisions</li> <li>Our neighbours</li> </ul>	<ul style="list-style-type: none"> <li>Moving on</li> <li>Self-confidence – valuing others</li> <li>SRE – what do we mean by love?</li> </ul>	<ul style="list-style-type: none"> <li>Racism and its consequences</li> <li>Celebration – supporting each other</li> </ul>
<b>Class 9/10/11</b>	<b>Cycle 2 (16/17)</b>	<ul style="list-style-type: none"> <li>My identity and skills</li> <li>Variety of relationships</li> </ul>	<ul style="list-style-type: none"> <li>The law, me and my community</li> </ul>	<ul style="list-style-type: none"> <li>Drugs Education</li> <li>Employment, money and me</li> </ul>	<ul style="list-style-type: none"> <li>Pressure, persuasion and coercion</li> </ul>	<ul style="list-style-type: none"> <li>Accessing help</li> <li>Contraception, communication, unintended pregnancy</li> </ul>	<ul style="list-style-type: none"> <li>The Law, Me and work</li> <li>Me and the future</li> </ul>
<b>Class 9/10/11</b>	<b>Cycle 1 (17/18)</b>	<ul style="list-style-type: none"> <li>My identity and skills</li> <li>Different types of relationships</li> </ul>	<ul style="list-style-type: none"> <li>Opportunities and me</li> </ul>	<ul style="list-style-type: none"> <li>Personal Protection</li> <li>Money and Me</li> </ul>	<ul style="list-style-type: none"> <li>Sex, sexuality, sexual orientation</li> </ul>	<ul style="list-style-type: none"> <li>Drugs Education</li> </ul>	<ul style="list-style-type: none"> <li>Consent</li> <li>Me, money and choices</li> </ul>
<b>Class 12/13/14</b>	<b>Cycle 2 (16/17)</b>	<ul style="list-style-type: none"> <li>My identity and skills</li> </ul>	<ul style="list-style-type: none"> <li>Safety in relationships</li> </ul>	<ul style="list-style-type: none"> <li>Emotional and Mental</li> </ul>	<ul style="list-style-type: none"> <li>Where do things come</li> </ul>	<ul style="list-style-type: none"> <li>Healthy Lifestyles</li> </ul>	<ul style="list-style-type: none"> <li>Consent, respect and</li> </ul>

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		<ul style="list-style-type: none"> <li>Councillors – what do they do?</li> </ul>		Health <ul style="list-style-type: none"> <li>Trauma and Crisis</li> </ul>	from? <ul style="list-style-type: none"> <li>Me and my community</li> </ul>	<ul style="list-style-type: none"> <li>Our ideal community</li> </ul>	sex
<b>Class 12/13/14</b>	<b>Cycle 1 (17/18)</b>	<ul style="list-style-type: none"> <li>My identity and skills</li> <li>Keeping safe</li> </ul>	<ul style="list-style-type: none"> <li>Unintended pregnancy and teenage parenthood</li> </ul>	<ul style="list-style-type: none"> <li>Personal Safety</li> <li>Me and my future</li> </ul>	<ul style="list-style-type: none"> <li>Media pressure, Sex and Peer support</li> </ul>	<ul style="list-style-type: none"> <li>Safety procedures, Help and support</li> </ul>	<ul style="list-style-type: none"> <li>Me and other people</li> <li>Me as a Consumer</li> </ul>
<b>Class 12/13/14</b>	<b>Cycle 3 (18/19)</b>	<ul style="list-style-type: none"> <li>My identity and skills</li> <li>Keeping safe</li> </ul>	<ul style="list-style-type: none"> <li>Unintended pregnancy and teenage parenthood</li> </ul>	<ul style="list-style-type: none"> <li>Personal Safety</li> <li>Me and my future</li> </ul>	<ul style="list-style-type: none"> <li>Media pressure, Sex and Peer support</li> </ul>	<ul style="list-style-type: none"> <li>Safety procedures, Help and support</li> </ul>	<ul style="list-style-type: none"> <li>Me and other people</li> <li>Me as a Consumer</li> </ul>